



**HEALTHIER COMMUNITIES COMMITTEE
NORTH CARIBOO**

Promoting healthy eating & local food security

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MINUTES

February 6, 2017

**Longname Society Board Room 10:30 – 11:50am
North Cariboo P4HC Empowering Family Health Project
Steering Committee**

Name	Organization
Lori Fogarty	FARMED; Growing North Cariboo Society
Colleen Gatenby	Quesnel Community Gardens
Sue Myles	Bouchie Lake Community
Cathy Juric	North Cariboo Aboriginal Family Program Society
Lynda Atkinson	Kersley Farmers Institute, GNC Society
Heloise Dixon Warren	Empowering Family Health Facilitator

In Attendance: Cathy Juric, Heloise Dixon-Warren, Lori Fogarty, Colleen Gatenby, Sue Myles, Robin Sharpe

Regrets: Lynda Atkinson

AGENDA ITEMS:

1. NC P4HC Stream 2 Grant Application
2. Steam 2 Evaluation Reporting Process and Form
3. Guidance to Barlow Creek

MEETING:

1. Stream 2 NC P4HC grant application:

- The grant application input date has been moved up by a month to February 10th. Robin thought it was due to the election in May. As a result, the application will have to be completed without the final approval of the full committee, although the initial grant components were discussed by the full committee at the January 9 meeting.
- Colleen has emailed to say we should remove the Quesnel Fall Fair (\$400) and due to personal commitments, the Community Garden Workshop Series (\$500). With discussion, it was decided to retain the Fall Fair with an allocation of \$250.

*Minutes recorded by Lori Fogarty
NC – P4HC Empowering Family Health Steering Committee
Distributed by email*

- The number of communities to offer the 3 workshop topics it was discussed and using the stats from the Stream1 Workshops it was decided the best attendance came from Kersley, Bouchie Lake, and Parkland. The Wells and Barlow Creek area had smaller numbers, so it was decided to combine the 2 areas and offer workshops in the Wells and Cottonwood area depending on topic and workshop requirements.
The 3 workshop topics to be offered are:
 - Foraging: On site workshops offered in May, June and September
 - Canning with a focus on Pressure Canning
 - Dehydration: Phase 2 with a focus on Meals in a Jar
- The various community members have requested a resource library of books to supplement the information offered in the workshops for further knowledge and skill development for community members. Lori will include this in the application.
- It was mentioned that components of the Stream 1 project are now sustainable by volunteers at the community or committee level. This included equipment loan process, Empowering Family Health blogsite and the Resource Inventory Database. Cathy suggested we focus on sharing information on the Resource Inventory at the beginning and end of each of the workshops and ensure workshop participants are directed to and shown how to use the EFH blogspot. This will be included in the role of the facilitator who sets up the workshops.
- Discussion in regards to the process for hiring the facilitator for coordinating the workshops in the Stream 2 application. Heloise excused herself from the meeting.
- Lori asked the committee if we should roll over the contract for the facilitator with only the task of coordinating the workshops and evaluation of the workshops being included or if this position should be put out to tender. Lori outlined the funding for the coordinator would once again come from the registration fee charged for the workshops and would be based on the numbers in attendance. As a result, the amount of money offered for this position is not very large. It may be difficult to attract someone for the position. Committee members felt the position should just be rolled over and offered to the current facilitator, as she is doing such a good job and requires very little support from the volunteer committee members.

Motion: Cathy moves and Lori seconds the steering committee recommend to the North Cariboo P4HC that the current facilitator be hired to coordinate and evaluate the workshops for the Stream 2 Empowering Family Health project. This was passed unanimously by the steering committee and will be taken to the February 28 NC P4HC meeting.

2. Stream 1 Evaluation Reporting Process and Form:

There is some confusion about the Evaluation Form to use for the Stream 1 EFH project, as Northern Health emailed a 2017 evaluation form, which is different than the 2016 evaluation form. Heloise emailed Holly Christianson to get clarification. Heloise will work on completing the evaluation form and giving it to the committee for review and input before the due date of March 31st. Heloise will also work with Lori on the budget.

3. **Barlow Creek:** There was some difficulty accessing the Barlow Creek Community Hall to get the equipment, so it has temporarily been stored at the Barlow Creek Firehall. It was felt it best to allow the community to decide the best location for storing the equipment and Heloise will assist with getting the equipment back to the hall for now.
4. **NEXT MEETING: TBA**