



**HEALTHIER COMMUNITIES COMMITTEE
NORTH CARIBOO**

Promoting healthy eating & local food security

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MINUTES

May 9, 2016

Longname Society Board Room 9:00 – 11:00am

**North Cariboo P4HC Empowering Family Health Project
Steering Committee**

Name	Organization
Lori Fogarty	FARMED; Growing North Cariboo Society
Colleen Gatenby	Quesnel Community Gardens
Sue Myles	Bouchie Lake Community
Cathy Juric	North Cariboo Aboriginal Family Program Society
Lynda Atkinson	Kersley Farmers Institute, GNC Society
Heloise Dixon Warren	Empowering Family Health Facilitator

In Attendance: Cathy Juric, Heloise Dixon-Warren, Sue Myles, Lori Fogarty

Regrets: Colleen Gatenby, Lynda Atkinson

1. **Welcome to the North Cariboo Aboriginal Family Program Society (Longname Society):**
2. **News Release:** Reviewed and changes made. To be released around May 12.
3. **Website / Blog and email address:** Suggested a blog and email address for the Empowering Family Health be set up right away and the reference address be put into the news release. Heloise will work on this.
4. **Invitation:** Suggested revisions were made. Heloise will now complete the document with the 4 surveys and send to the group for review.
5. **Timeline:**
 - News release – May 12
 - Inventory – May 15

*Minutes recorded by Lori Fogarty
NC – P4HC Empowering Family Health Steering Committee
Distributed by email*

- Blog – May 12
 - Inventory Completed
 - Workshops Starting in July / End in January
 - Equipment purchase – committee will report back
6. **Ownership of Equipment:** Sue wanted to guidelines as to the following questions:
- Is the equipment a donation? Yes
 - To the community or the community hall? To the community – hopefully under the guardianship of the community hall.
 - Will there be a lending library for the equipment? This would be up to the community and what they can support.
7. **Sponsorship:** Heloise would like to develop a letter to distribute to businesses who might be able to support the project. Ideas include:
- Staples
 - Community Futures
 - Green Tree
 - Karin’s
 - Willis Harper
 - Farmers’ Market

News Distribution:

- Spiral Health
 - Visitor Centre
 - Chamber of Commerce
 - Newspaper
 - Shaw
8. **Report from Lynda:** Lynda will be meeting with the Kersley Farmers Institute, Kersley Women’s Institute and members of the Kersley “Coffee Clatch” within the next few weeks to determine the equipment requirements for the community kitchen and workshops desired by the community.

NEXT MEETING: Monday, May 30 – 9 am at Longname Society