



**HEALTHIER COMMUNITIES COMMITTEE  
NORTH CARIBOO**

*Promoting healthy eating & local food security*

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**MINUTES**

**May 3, 2016**

**CD Hoy Room City Hall 11:00 am – 1:00 pm  
North Cariboo P4HC Working Group**

<b>Name</b>	<b>Position</b>	<b>Organization</b>
Robin Sharpe	Co-chair	CRD-Northern Representative
Lynnette Winsor	Co-chair	NH - Public Health Protection
Heloise Dixon Warren		Growing North Cariboo Society
Lynda Atkinson		Kersley Farmers Institute Growing North Cariboo Society
Lori Fogarty	Secretary	FARMED; Growing North Cariboo Society
Wylie Bystedt		Quesnel Farmers' Market
Colleen Gatenby		Quesnel Community Gardens
Susan MacNeill		Seniors Advocacy Service
Laurey-Anne Roodenburg		City of Quesnel
Margaret Inoue		Marketing & Economic Development, Wells
Christine Piltz		Parkland Community Association
Sue Myles		Bouchie Lake Community Association
Janet Knopp		Growing North Cariboo Society / FARMED
Wilma Watkin		FARMED / Growing North Cariboo Society
Cathy Juric		North Cariboo Aboriginal Family Program Society
Sharon Primeau		Wild 'n Crafty
Lindsay Read		Wells & District Community Association
Melanie Dydynsky		Nazko
Michelle Jeff		Nazko

**In Attendance:** Robin Sharpe, Lynnette Winsor, Colleen Gatenby, Lynda Atkinson, Heloise Dixon-Warren, Lori Fogarty, Sue Myles, Cathy Juric, Wilma Watkin, Wylie Bystedt

**Regrets:** Laurey-Anne Roodenburg, Margaret Inoue, Susan MacNeill, Christine Piltz

**1. Welcome and introductions:** Designated Chair: Lynda Atkinson

2. **Program Resource Development and Workshop Facilitator announcement:** Heloise Dixon-Warren was selected for the position. The process for selection was challenging due to the high quality of the 7 applicants. The committee short-listed to 3 applicants and conducted interviews on Friday April 29<sup>th</sup>. The selection of the successful applicant for the facilitator position was unanimous.
3. **News Release:** North Cariboo P4HC hires Program Resource Development and Workshop Facilitator – Details of the project and the selected candidate will be included. Heloise will work on this.
4. **Empowering Family Health – Project direction (see notes on next page for details)**
  - Wells / Parkland / City Community Gardens -Wells and Parkland representatives will be working on their projects and reporting to the committee. The appropriate forms for Cheque Requisitions, Photo Release and record of kilometres were sent out to committee members. The evaluation of the projects should be ongoing and photos should be shared and sent to the facilitator to be included on social media. The city community gardens are fairly well supplied for equipment so there will be an opportunity to see if another community or city facility (i.e. CNC) can use the resources.
  - Facilitator – A contract needs to be developed. Heloise will start the development of a request for information in regards to the regions resource people, equipment, facilities, etc.
  - Equipment Purchase – The committee of Sue, Lynda, Colleen, Margaret and Christine will be working on this sub-committee.
  - Comments from NC P4HC committee members:
    - Lynda: the steering committee does not need to include the co-chairs, but reports to the P4HC committee should be on a monthly basis.
    - Lori: the steering committee should guide the project to ensure timelines, budget, and evaluation are progressing.
    - Cathy: the steering committee should act as a sounding board if other committee members have suggestions or comments.
    - Robin: Budgets, oversite and press releases. Perhaps the newspaper will accommodate a newspaper column from the committee every 2-4 weeks as the project progresses.
    - Colleen: It is good to ensure the committee is meeting goals

**Formation of a Steering Committee for the project:**

- Cathy Juric
- Colleen Gatenby
- Sue Myles
- Lynda Atkinson
- Lori Fogarty

**5. NEXT MEETINGS:**

**NC P4HC COMMITTEE: September 13, 2016 11 am – 1 pm Community Futures or CD Hoy Room**  
**STEERING COMMITTEE: Monday May 9, 2016 9 am Longname Society 324 Hoy Street**