

## HEALTHIER COMMUNITIES COMMITTEE NORTH CARIBOO

Promoting healthy eating & local food security

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## MINUTES February 10, 2016 CRD Board Office North Cariboo 11:00 am – 1:00 pm

## **North Cariboo P4HC Working Group**

Name	Position	Organization
Robin Sharpe	Co-chair	CRD-Northern Representative
Lynnette Winsor	Co-chair	NH - Public Health Protection
Heloise Dixon Warren		Growing North Cariboo Society
		Kersley Farmers Institute
Lynda Atkinson		Growing North Cariboo Society
		Quesnel Ag & Exhibition Association
Lori Fogarty	Secretary	FARMED; Growing North Cariboo Society
Wylie Bystedt		Quesnel Farmers' Market
Colleen Gatenby		Quesnel Community Gardens
Susan MacNeill		Seniors Advocacy Service
Laurey-Anne Roodenburg		City of Quesnel
Margaret Inoue		Marketing & Economic Development, Wells
Christine Piltz		Parkland Community Association
Sue Myles		Bouchie Lake Community Association
Janet Knopp		Growing North Cariboo Society / FARMED
Wilma Watkin		FARMED / Growing North Cariboo Society
Sharon Primeau		Wild 'n Crafty
Lindsay Read		Wells & District Community Association

**In Attendance**: Lynda Atkinson, Heloise Dixon-Warren, Laurey-Anne Roodenburg, Lori Fogarty, Janet Knopp, Christine Piltz, Sue Myles, Sharon Primeau, Mary Mussell, Neil McKInnon, Wilma Watkin, Wylie Bystedt

Regrets: Robin Sharpe, Lynnette Winsor, Colleen Gatenby, Margaret Inoue, Susan MacNeill

1. Welcome and introductions: Designated Chair: Heloise Dixon-Warren

- 2. Framework: Background of Growing North Cariboo Society and NC P4HC formation.
- 3. Terms of Reference: Revised Terms of Reference was emailed before the meeting to the group for review. Section 4a Membership chart was updated and Section 5a, e & f was revised. Revised document will be emailed to working group for review and approval of Co-Chairs.
- 4. Northern Health P4HC Grant Application 2016

Input from members of the group (including email from Margaret in Wells) resulted in the following categories to be developed for the application and person(s) responsible:

- Quesnel Farmers' Market Nutrition Program run in conjunction with the Nutrition Community Committee and Long Name Society at a rate of \$240 per family (Wylie)
- School Garden Program One or two schools develop / enhance the school gardens within their community(Margaret & Christine)
- Public Resource Inventory of local experts / leaders, facilities, groups and educational resources useful for local food production and food security. Create links with the Quesnel Agriculture Advisory group and public to raise awareness (Colleen, Lori, Lynda)
- Program Development & Workshop Presentations—Develop at least 5 workshops to the
  extent they can be easily presented by various workshop leaders within the community
  and present each of these workshops to at least 5 communities within the region.
  (Heloise, Lynda, Wilma, Janet, Lori, Sue)

Committee members will work on providing an outline of their section of the application, which includes the following components:

- Goals
- Benefits
- Description of activities to reach goals
- Plans to sustain
- Budget:
  - o What will be spent on initiative?
  - o What funding will be received from other sources?
  - o What in-kind supports will your receive from other sources?
  - o How will the grant funding from Northern Health be spent on this initiative?
- Any pictures or supplemental information or letters of support for the initiative.

These components of the grant application will be forwarded to Lori by February 20 and our goal will be to have a draft of the application ready for around the end of February.

Lori will contact the CRD grant writer to start the application.

5. **Next Meeting:** It was suggested the Co-chairs try to select 2 dates that work for them and send them to the committee to select one date. The application is due on March 7, so a meeting in the first week of March would be ideal to review the application and apply the finishing touches.