

HEALTHIER COMMUNITIES COMMITTEE NORTH CARIBOO

Promoting healthy eating & local food security

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MINUTES May 8, 2017 Longname Society 11:00 pm North Cariboo P4HC Empowering Family Health Project Steering Committee

Name	Organization
Lori Fogarty	FARMED; Growing North Cariboo Society
Cathy Juric	North Cariboo Aboriginal Family Program Society
Colleen Gatenby	Quesnel Community Gardens
Sue Myles	Bouchie Lake Community
Lynda Atkinson	Kersley Farmers Institute
Wilma Watkin	Growing North Cariboo Society
Heloise Dixon Warren	Empowering Family Health Facilitator

In Attendance: Cathy Juric, Heloise Dixon-Warren, Sue Myles, Lynda Atkinson, Wilma Watkin, Lori Fogarty,

AGENDA ITEMS:

- 1. NC P4HC Stream 2 Workshop Planning
- 2. Budget for Workshops
- 3. Stream 1 Workshop Evaluations
- 4. Mobile Kitchen Kit
- 5. Equipment Signage Distribution
- **6.** Delegation to Joint Planning Committee
- **7.** Next meeting dates: Steering Committee

NC P4HC Committee -

8. Contract signing

MEETING:

1. NC P4HC Stream 2 Workshop Planning:

- Heloise will contact the community facilities to book workshop dates and work on lining up the instructors.
- Heloise will put together an intro for the workshops, which includes info on the

Minutes recorded by Lori Fogarty
NC – P4HC Empowering Family Health Steering Committee
Distributed by email

Empowering Family Health Blogsite

 Revisions to the registration form will be altered slightly to include photo release approval.

2. Budget for Workshops:

Required equipment and supplies were identified:

- Power Point Projector Lynda brought one that is an LED and costs ~ \$71. Heloise will test it out.
- A tote for forms etc.
- Travelling File Box
- Melinda emailed details about the cooking unit ~ \$200.00
- Sue said an engraver / paint marker would be useful for BLCC items and supplies in the kitchen kits.
- Lending Library \$400 allocated for 5 communities. Sue will start the research for this.

3. Stream 1 Workshop Evaluations

Heloise said she would complete the Workshop Evaluation summary for the steering committee to review.

4. Mobile Kitchen Kit

Heloise noted that one of the kitchen kits is available to be loaned out to a community. It was suggested that the Parkland Community Association may find it useful over the summer as they are doing a cooking / camp program.

It was noted that an inventory and photos of the supplies in the kits needs to be completed.

5. Equipment Signage Distribution

Lori asked if the signs noting the availability of equipment in each of the community halls/locations had been distributed. Sue said the signs have been put up in each community.

6. Delegation to Joint Planning Committee

Heloise noted the presentation to the Joint Planning Committee will be on June 13 at 5:30 at City Hall Council Chambers. Committee members are welcome to attend.

7. Next meeting dates: Steering Committee – Tuesday, May 23 from 1-2:30 pm NC P4HC Committee – Tuesday May 23 from 11 am-1 pm

8. Contract: Signed by facilitator and committee.