

**North Cariboo P4HC  
MINUTES  
November 27, 2018  
11:00 am – 1:00 pm  
Location City Hall – CD Hoy Room**

**In attendance:** John Massier, Wilma Watkin, Lori Fogarty, Heloise Dixon-Warren, Sue Myles

**Regrets:** Lynnette Winsor, Linda Atkinson, Tara Johima

**Guest:** Lindsay Streifel, Longname Society

**Chair: CRD Vice-Chair John Massier**

**1. Welcome and introductions:**

**2. P4HC: NC Imagine grant**

- Progress Report: The evaluation report on 2018 P4HC: NC 2018 March Imagine grant application is near completion. There are a few details on the budget to be wrapped up and it will be sent to Northern Health before the December 31 deadline
- 2019 Grant application: Heloise will send out the Request for Proposals to schools in the district, community gardens, other agencies and Empowering Family Health participants by email. Other options to consider for the March 2019 application are the root cellar/cool room panel of experts or cheese making. Lindsay also noted she has heard of several people who are interested in learning to preserve food by canning. Lori will put together a draft proposal for review by the committee at the next meeting.

**3. Updates from Steering Committee**

- CRD update – Director Massier noted the CRD has 16 directors of which 8 are new. Work on the treaty process, will eventually lead to seats at the Regional District level for this level of government.
- Longname Society – Lindsay is interested in participating in the P4HC:NC committee and will share the information on the committee with the North Cariboo Aboriginal Family Program Board of Directors for approval. Lori suggested some of the committee members could attend the meeting to assist Lindsay with this process. Discussion in regards to the Kids in the

Kitchen program being offered 3 times per year and the potential opportunity to expand to the rural areas. Lindsay will check out “outreach” options for the program.

- Bouchie Lake Community-New people are interested in participating in workshops and the equipment is being used. It was suggested that a committee member reach out to all 5 communities holding the equipment to see how the program is going and see if support is needed for the lending program. From the feedback within the community there is interest in the workshops and it may be that the fee may need to be increased to support implementation.

- 4. Terms of Reference review:** The ToR was reviewed and a small change to the list of committee members will be made and the document will be ready for approval at the 1<sup>st</sup> meeting in 2019.
- 5. Progress report to North Cariboo Rural Directors Caucus:** Director Massier suggested the P4HC:NC committee arrange to be added to the February agenda for the North Cariboo Rural Directors Caucus. Lori will follow up on this.
- 6. Other:**
- 7. NEXT MEETING:**  
NC P4HC Committee – Sunday, January 27<sup>th</sup> from 10 am to 1 pm at Craig’s Table

## North Cariboo P4HC Working Group

<b>Name</b>	<b>Position</b>	<b>Organization</b>
John Massier	Co-chair	CRD-Northern Representative
Lynnette Winsor	Co-chair	NH - Public Health Protection
Heloise Dixon Warren		Growing North Cariboo Society
Lynda Atkinson		Kersley Farmers Institute Growing North Cariboo Society
Lori Fogarty	Secretary	FARMED; Growing North Cariboo Society
Sue Myles		Bouchie Lake Community
		North Cariboo Aboriginal Family Program Society (dba Longname Society)
Wylie Bystedt		Quesnel Farmers' Market / Wells Marketing
Susan MacNeill		Seniors Advocacy Service
Laurey-Anne Roodenburg		City of Quesnel
Tara Johima		Parkland Community Association
Janet Knopp		Growing North Cariboo Society / FARMED
Wilma Watkin		FARMED / Growing North Cariboo Society
Lynne Postnikoff		Quarter Acres Farm
Sharon Primeau		Wild 'n Crafty
Sheila Gibbons		Baker Creek Community
Melanie Dydynsky		Nazko